



NHS

ONLINE ANTENATAL course FREE during COVID-19

Access the same content as a face-to-face antenatal class from your home!

Content you can trust; written by midwives, health visitors and clinical psychologists

Part of the Solihull Approach series

Understanding
Pregnancy, Labour, Birth
and Your Baby

For everyone around the baby: Mums, Dads, Grandparents, friends and relations

Register on
www.inourplace.co.uk
then visit the 'Courses Library'
to access the course

For technical support contact solihull.approach@heartofengland.nhs.uk or 0121 296 4448 Mon-Fri 9am–5pm

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